

A warm welcome to our  
**SPRING SERVICE**

Sunday  
25th April 2021  
at 2pm

Online via Zoom



*“An occasion to honour our special babies”*

# Order of Service

Opening Song: 'Somewhere Over The Rainbow' - Ariana Grande

Welcome & Housekeeping: Christine Lunt

Choir: Bromley Heath WI Community Choir

## Reading: 'Look For Me In Rainbows'

Author Unknown

*Time for me to go now, I won't say goodbye  
Look for me in rainbows, way up in the sky  
In the morning sunrise when all the world is new  
Just look for me and love me, as you know I loved you.*

*Time for me to leave you, I won't say goodbye  
Look for me in rainbows, high up in the sky  
In the evening sunset, when all the world is through  
Just look for me and love me, and I'll be close to you.*

*It won't be forever, the day will come and then  
My loving arms will hold you, when we meet again.*

*Time for us to part now, we won't say goodbye  
Look for me in rainbows, shining in the sky  
Every waking moment, and all your whole life through  
Just look for me and love me, as you know I loved you.*

## Reading: 'Little Butterfly'

by Amy Farquhar

*I lived my life inside you  
Cocooned in all your love  
So Mama, Papa please don't cry  
I'm still with you, just up above.*

*I felt your every heartbeat  
It's my sweetest melody  
And for every heavenly bedtime  
The angels play it back to me.*



*I know how much that I am wanted  
I feel so very blessed  
Of all the mummy's in the world  
I got the very best!*

*You think of me in all your waking hours  
And on those sleepless nights  
Just look out the window and you'll find me  
The brightest star, the most dazzling light.*

*I'm that little breeze in the summer  
And I'm that unexpected white feather  
I plucked it from my downy wings  
So that you remember we are always together.*

*I know how much it hurt your soul  
When we had to say goodbye  
But I'm not gone, I'm always here  
I'm your sweet little butterfly.*



## Act of Remembrance: Roll Call of Babies Names

During the Roll Call, families are invited to light a candle when you hear your baby/babies' name.

## Time for Personal Reflection

**Song:** 'Once Upon A Dream'- Holly Henry

## Reading: 'My Child Did Exist'

Author Unknown

*I've lost a child, I hear myself say  
And the person I'm talking to just turns away  
Now why did I tell them, I don't understand|  
It wasn't for sympathy or to get a helping hand  
I just wanted them to know, I've lost something dear  
I want them to know that my child was here.*



*My child left something behind which no one can see  
My child made just one person into a family  
So, if I've upset you, I'm sorry as can be  
You'll have to forgive me, I could not resist  
I just want you to know that my child did exist.*

## Reading: 'Spring'

by Julie Nichols

*There's a soft springtime breeze gently blowing  
I can just hear it calling your name  
It tickles the leaves  
And it kisses the flowers  
And it feels like we're playing a game.*

*There's a soft springtime breeze loudly burbling  
I can just hear it now in my ear  
It tells me you're safe  
And it gives me some peace  
And it helps me to manage my fear.*

*There's a warm springtime breeze wrapped around me  
I can feel it, it's making me glad  
It shows me our baby is safe and is here  
In the heart of this mum and dad.*



## Final Words & Closing: Christine Lunt

**Song whilst leaving:** 'Days' - Kirsty MacColl



## Telephone Helpline - 07970 930 513

Bereaved parents take it in turns to have the mobile phone. If somebody does not answer your call immediately, please leave a message and somebody will call you back as soon as they can, usually within 24 hours.

## Monthly Support Meetings

Our Monthly Support Meetings provide an opportunity for parents to talk and you are welcome to bring along a friend or relative. It may help you and your partner to meet with others who have lost a baby and to share experiences. Books and leaflets will be available for you to borrow.

Our support meetings take place in a single central Bristol venue on the same day and time every month. It provides an opportunity for the same faces to come along several months in a row and to allow people to build up friendships over several meetings.

These informal meetings are run by bereaved parents from Bristol Sands who know how devastating the death of a baby can be. We offer support to anyone whose baby or babies have died during pregnancy, birth or after birth or anyone who has been affected by the death of a baby. This may be recently or some time ago. Whenever or wherever your baby died we are here to offer support, understanding, comfort and a listening ear.

Monthly Support Meetings take place on the **first Thursday of every month** at:

**Bedminster Library** 4 St Peter's Court, Bedminster Parade, Bristol BS3 4AQ from 8pm – 10pm.

*Please note: Due to current Covid restrictions, these meetings are taking place online and not face to face. Please see our website or social media for more details.*

## Pregnant Again Support Meetings

The next pregnancy can be a difficult and worrying time for some parents. We recognise that this can be a time when parents may need more support and guidance. Being able to draw on the experiences of other parents who have gone through a subsequent pregnancy may be helpful, we understand how you are feeling and may be able to offer practical help as well. It can also be an opportunity to meet other parents who are pregnant again at the same time and to form supportive friendships.

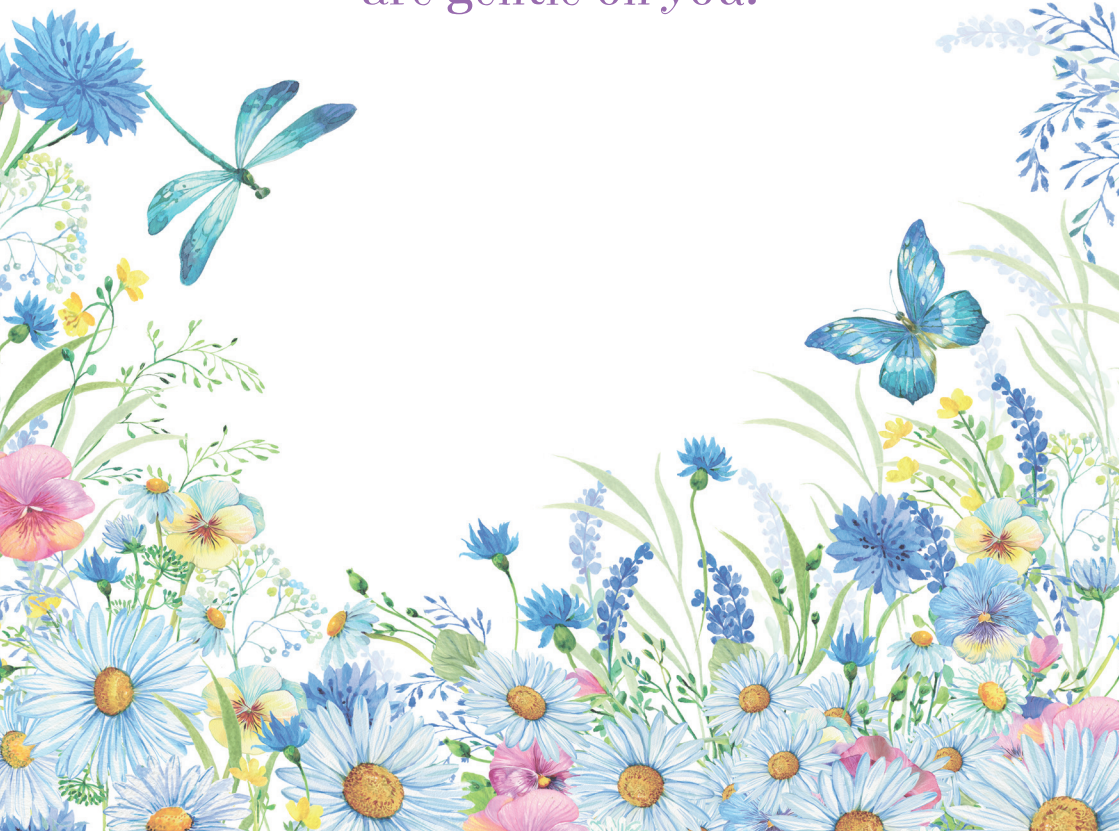
If you are pregnant again please feel welcome to come along to these meetings. You may wish to bring your partner or a friend or family member along. These meetings are for you and we will welcome your input into what you would like to discuss and what information you would like to receive. Due to feedback we've received these sessions are now monthly, with midwife led sessions every other month.

Pregnant Again Support Meetings take place on the **first Tuesday of every month** at:

**Bedminster Library** 4 St Peter's Court, Bedminster Parade, Bristol BS3 4AQ from 8pm – 10pm.

*Please note: Due to current Covid restrictions, these meetings are taking place online and not face to face. Please see our website or social media for more details.*

Thank you for joining us -  
we hope the coming months  
are gentle on you.



Bristol Sands : 07970 930 513

[bristol.sands.org.uk](http://bristol.sands.org.uk)

Charity registration number 299679



North Bristol   
NHS Trust

University Hospitals Bristol   
NHS Foundation Trust